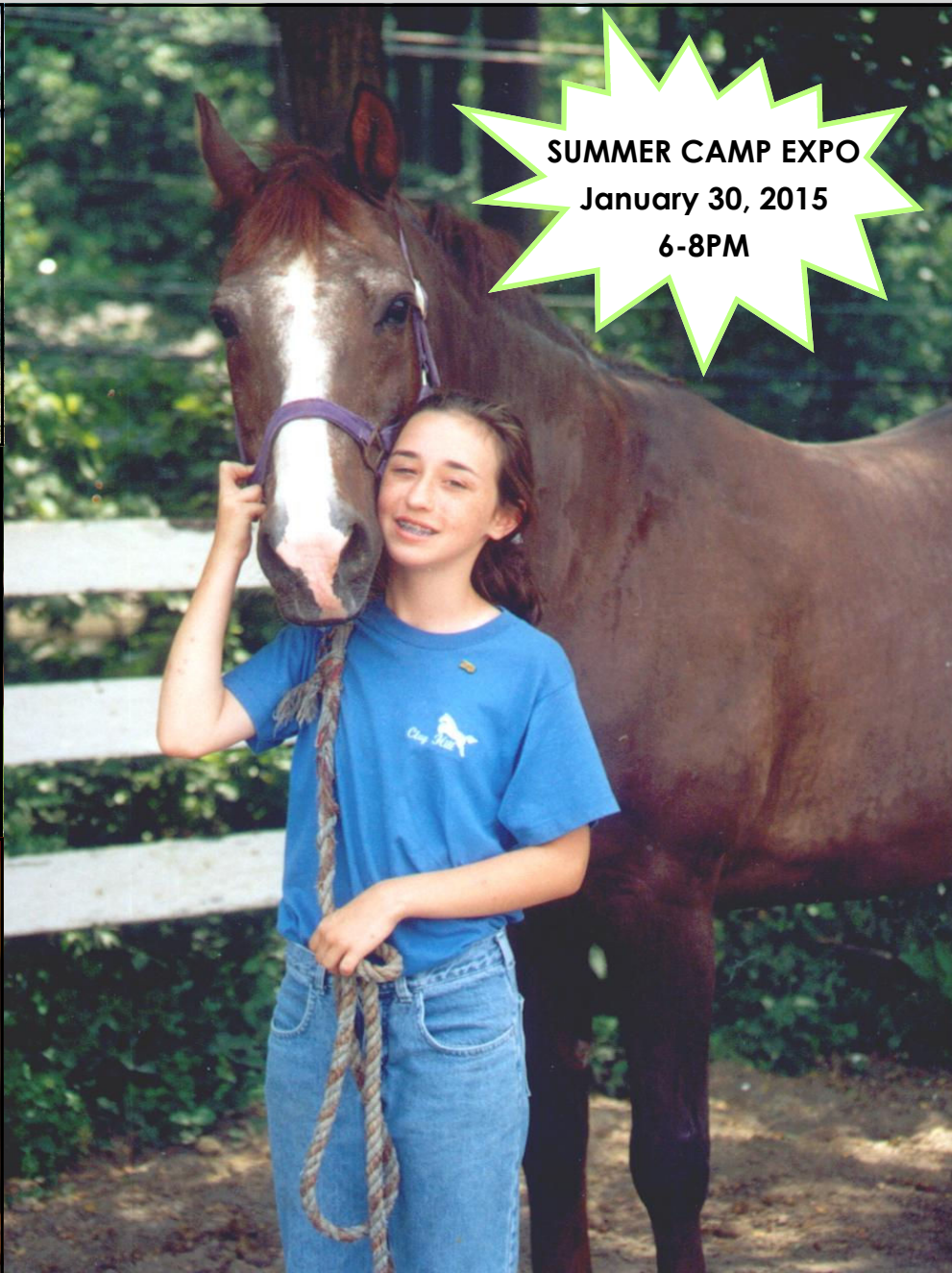


2015 Summer Camp Brochure

Falls Church Recreation & Parks Department



Registration Begins:
Falls Church Residents - February 2nd
Non-Residents - February 9th

Register by contacting 703-248-5027 or www.fallschurchva.gov/recreation



Registration for City of Falls Church Residents begins Monday, February 2nd

Registration for Non-City Residents begins Monday, February 9th

Falls Church Community Center Hours:

Monday-Thursday 8am-10pm
Friday 8am-11pm
Saturdays 8:30am-11pm
Sunday 12 noon-6pm (Jan-March)
Sunday 2-6pm (April-Dec)

Recreation & Parks Office:

Camp administrative support is provided by the Falls Church Recreation & Parks Department. For additional camp information, call 703-248-5027.

Facility Locations

Falls Church Community Center
223 Little Falls Street

Cherry Hill Farmhouse
312 Park Avenue

George Mason High School
7124 Leesburg Pike

Mary Ellen Henderson Middle School
7130 Leesburg Pike

Household Registration Form

Primary Household Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone Number: (____) _____ Work Phone Number: (____) _____

Emergency Contact and Phone Number: _____

Email: _____

() Special Assistance is needed for one or more individuals listed on registration.

Please Explain: _____

I understand that there may be risks inherent in any activity, including exercise, and I acknowledge that I have been advised to seek the advice of a medical doctor before I or my child participates in this program. I and my child agree to assume all risks of illness or injury resulting from participation in the program(s) noted above. I understand that the City of Falls Church makes no representations as to the safety of this program for me. I and my child hereby waive and release the City of Falls Church, its agents, officers and employees, including the program instructor, from and against all claims for illness or injury directly resulting from my participation in this program.

Participant Signature: _____ Date: _____
(Signature of parent/guardian if under 18)

Method of Payment

_____ **Check** (Payable to "City of Falls Church")

_____ **Credit Card (circle one):** Visa MasterCard Discover Card American Express

Credit Card Number: _____ **Exp Date:** _____

Card Holder Signature _____ **CVC Code:** _____

Participant Name	Gender	Date of Birth	Activity #	Activity Name	Waiver Initials	Activity Fee

Please read all camp information carefully.

TOTAL:

Summer Camp Registration Information

WALK-IN: Falls Church Community Center, 223 Little Falls Street, Falls Church, VA 22046. We accept checks, exact cash and credit cards.

ONLINE: Online registration can be found on the internet by visiting www.fallschurchva.gov/recreation. Full payment is required at the time of registration and you must use a credit card (American Express, Discover, Master Card, or Visa). *If you plan to register online and have never used our online registration program, Webtrac, please call our office at (703) 248-5027 in advance to create an account.*

MAIL-IN: Registrations are processed at the end of the first business day of registration. Complete the Household Registration Form, include payment and mail to:

**Falls Church Recreation & Parks Department
223 Little Street, Falls Church, VA 22046**

PHONE-IN: Phone-in registration starts on the second day of registration: February 3rd and February 10th. Phone-in registration with credit cards only to (703) 248-5027. There will be **no** phone-in registration on the first day of resident or non-resident registration.

NOTE: In-person registration takes priority over mail and phone-in. Applications will not be processed prior to the beginning registration dates. Registrations received prior to these dates will be held and included with the mail received on the first day of registration. There is limited enrollment for all camps.

FEES: Payment must accompany registration.

FINANCIAL AID: Financial aid is available for City of Falls Church residents. Forms are available at the Falls Church Community Center or by calling 703-248-5027.

PHOTOGRAPHIC RELEASE:

By participating in programs and using our facilities, you are granting the City of Falls Church and the Parks and Recreation Department permission to use photographic images of you and/or your minors for marketing purposes.

REGISTER EARLY:

All camps are filled on a first come, first serve basis. Register early!

CANCELLATION POLICY:

The City of Falls Church Recreation and Parks Department reserves the right to cancel camps and programs for which there is insufficient registration. Camps with insufficient registrations are canceled one week prior to the start of camp. In addition, there is limited enrollment for all programs.

REFUND POLICY:

The Recreation and Parks Department will provide a full credit or refund for a camp if the camp is cancelled by the Department, or upon request when schedule or location changes made by the Department prohibit or limit an individual's ability to attend a camp. For any reason other than those noted above, a "Request for Refund/Household Credit" form must be completed and submitted at least **two weeks** before the start of camp.

- Requests for a refund made at least 14 calendar days before the start of camp will be granted, less a 20% processing fee.
- Requests for a credit made at least 14 calendar days before the start of camp will be granted, less a 10% processing fee.
- Requests less than two weeks before camp starts will **only** be granted for medical reasons (doctor's note required) or for relocation of more than 25 miles away from the City.
- No refunds or household credits will be given if the request for such is submitted less than 2 weeks before the camp starts, nor after it has ended. This also applies to AM and PM Extended care.
- InnerQuest has different policies which are listed in their description.

EXTENDED CARE:

Extended Care is located at the Falls Church Community Center and will be available for **most** camps. Please review individual camp descriptions for extended care availability, time and cost. If the camp is not located at the Community Center, then transportation to and from extended care will be provided, unless otherwise noted. Campers in extended care should bring a snack or money to purchase snack for extended care hours. Additional fees will be charged for campers who are picked up later than 6pm.

NOTE:

If your child has a disability or requires special attention for any reason, advanced notice is appreciated so that we may properly prepare.

WHAT TO KNOW ABOUT SUMMER CAMP!

Each child will need to bring a lunch with drink and an afternoon snack daily. There is no refrigeration. Campers will need to wear comfortable shoes, as well as clothes that can get dirty. Swimsuit and towel for swim days where applicable. Some camps are held outside for extended periods of time. Please have children wear and bring sun block. If a child needs to take medication, you must complete the proper paper work and give medication to the Camp Director! Medication forms are available by emailing recreation@fallschurchva.gov.

Accessibility Statement

The City of Falls Church is committed to the letter and spirit of the Americans with Disabilities Act. To request a reasonable accommodation for any type of disability call 703-248-5077 (TTY 711)

Summer Fun, Preschool & Swimming

Summer Fun Playground Program

Rising 1st through Rising 6th

Campers will enjoy a fun-filled summer including sports, swimming, arts & crafts, games, special events and field trips. Time is also available for unstructured play. Weekly activities are theme-based. Camp runs Monday through Friday, 9am-3pm and is located at Cherry Hill Park. A parent handbook with more details will be available May 1. *The Summer Fun Playground Program offers weekly field trips. Field trips have additional fees typically between \$10-\$15 per trip. There is no program for campers not attending the trip. Field trips locations and fees will be in the parent handbook. **Session B will be prorated to R: \$120 / NR: \$130. Session B Extended Care will be prorated to \$34 for Before & \$42 for After.**

Weekly: #385001-A, B, C, D, E, F, G, H
Entire Summer: #385002-A

Resident: \$150/wk **Non-Resident:** \$160/wk
Resident: \$720 **Non-Resident:** \$820

A	June 22-26	E	July 20-24
B	June 29 - July 2	F	July 27-31
C	July 6-10	G	August 3-7
D	July 13-17	H	August 10-14



AM SCORE 7-9am \$42
#389993-A, B, C, D, E, F, G, H

PM SCORE 3-6pm \$52
#389994-A, B, C, D, E, F, G, H

Preschool Camps

"Theme Weeks Summer Camp"

4-6 years

In this creativity camp our activities will revolve around the colors of summer. Your child will be encouraged to expand on his or her observations of the colors that surround us. We'll provide them with different art mediums to do a creative project, connect the topic of the week to the books we read, to music and to the songs we sing and enjoy a snack. Your child will get to take home his or her project at the end of the week. The cost includes a daily snack and all supplies. Children must be potty trained.



382009-D Day time Colors July 13-17
382009-E Night-time Colors July 20-24

Time: 1-4pm

Fees: R: \$150 / NR: \$160

Instructor: Sue John

Location: Community Center Preschool Room

Swim Lessons

The City of Falls Church offers American Red Cross swim lessons taught by Water Safety Instructors. These lessons are held at **Park Towers, 200 N. Maple Avenue, Falls Church, VA 22046**. Lessons are held during rain but will be rescheduled in the event of lightning. Sessions are two weeks long and cost \$100 for City residents and \$110 for non-City residents. Session A is discounted to \$90 and \$100 respectively. Summer Fun participants are escorted to swim lessons by a counselor. *No lessons July 3.

Mommy And Me 6-18 months

Caretakers will assist children with arm and leg movement. Nursery rhymes and floating toys will be part of the class. Caretakers must accompany children into the water. American Red Cross Parent & Child Aquatics Level 1 guide.

7/6-7/17 9:15-9:45am 385106-C

Toddler and Me 18 months-3 years

Students will work on blowing bubbles, moving arms and legs independently. Participants will learn safety in and around water. Nursery rhymes, songs and floating toys will be part of the class. Caretakers must accompany children into the water. Class will follow the American Red Cross Parent & Child Aquatics Level 2 guide.

6/22-7/2 9:15-9:45am 385107-A

7/20-7/31 9:15-9:45am 385107-E

Adapted Aquatics 4-12 years

In this 6-week session children with disabilities or attention issues will work on water skills with a trained volunteer one on one. Students will be evaluated at the first session and will work on some or all of the following skills, appropriate to their level: water adjustment, water safety, breath control, swimming front and back, pulling and kicking, stroke development and refinement, endurance.

Weds: 7/1-8/5 1-1:30pm
385116-B R: \$60 / NR: \$70

Location: Park Towers Pool

Preschool 4-5 years

Children will learn to enter and exit the water safely, blow bubbles, back float, front glide, change direction, the basics of swimming on front and back, as well as water safety in and around the water. Children complete a skills assessment upon completion.

American Red Cross Preschool Aquatic Level 1

6/22-7/2 10:35-11:05am 385100-A

7/6-7/17 10:35-11:05am 385100-C

7/20-7/31 10:35-11:05am 385100-E

8/3-8/14 10:35-11:05am 385100-G

American Red Cross Preschool Aquatic Level 2

6/22-7/2 11:15-11:45am 385115-A

7/6-7/17 11:15-11:45am 385115-C

7/20-7/31 11:15-11:45am 385115-E

8/3-8/14 11:15-11:45am 385115-G

Beginner 6-11 years

Children will learn to enter and exit the water safely, blow bubbles, how to back float, front float, front glide, tread, change direction, the basics of swimming on front and back as well as water safety in and around the water. Children will work on submerging their entire body. Upon completion, children will complete a skill assessment. ARC Learn to Swim Levels 1 & 2.

6/22-7/2 9:55-10:25am 385108-A

6/22-7/2 11:55am-12:25pm 385108-A1

7/6-7/17 9:55-10:25am 385108-C

7/6-7/17 11:55am-12:25pm 385108-C1

7/20-7/31 9:55-10:25am 385108-E

7/20-7/31 11:55am-12:25pm 385108-E1

8/3-8/14 9:55-10:25am 385108-G

8/3-8/14 11:55am-12:25pm 385108-G1

Intermediate 6-11 years

Swimmers will learn freestyle and elementary backstroke. They will learn frog, scissor, flutter and dolphin kick, improve on their ability to tread and be introduced to deep water. Upon completion, children will complete a skills assessment. ARC Learn to Swim Level 3.

6/22-7/2 9:55-10:25am 385110-A

6/22-7/2 11:55am-12:25pm 385110-A1

7/6-7/17 9:55-10:25am 385110-C

7/6-7/17 11:55am-12:25pm 385110-C1

7/20-7/31 9:55-10:25am 385110-E

7/20-7/31 11:55am-12:25pm 385110-E1

8/3-8/14 9:55-10:25am 385110-G

8/3-8/14 11:55am-12:25pm 385110-G1



Advanced 6-11 years

Students will be introduced to backstroke, breaststroke, butterfly and sidestroke, and will improve on freestyle & elementary backstroke. They will learn deep water survival swimming as well as feet first, pike and tuck surface dives. They will learn a backstroke open and flip turn, and freestyle open and flip turn. This class will also teach junior lifeguarding skills & sculling. Upon completion, children will complete a skill assessment. ARC Learn to Swim Levels 4 & 5.

6/22-7/2 9:15-9:45am 385113-A

7/6-7/17 9:15-9:45am 385113-C

7/20-7/31 9:15-9:45am 385113-E

8/3-8/14 9:15-9:45am 385113-G

NEW OUTDOOR CAMP



Camp Greenbrier

8-12 years

YMCA Camp Greenbrier offers a special emphasis on outdoor recreation, reconnecting kids with nature and bringing back a sense of adventure to the outdoor experience. Campers will experience fun and exciting outdoor activities that may include teambuilding, low ropes, hiking, sports, nature crafts, fishing, archery, climbing, swimming, water activities, nature center programs, scouting skills and survival techniques. All offered to campers by caring young adult role models at a local or regional park. Campers will depart from and return to Falls Church Community Center.

Mon-Fri: 7/6-7/10 8am-4:30pm
381711-C R: \$260 / NR: \$270

Mon-Fri: 7/20-7/24 8am-4:30pm
381711-E R: \$260 / NR: \$270

Mon-Fri: 8/3-8/7 8am-4:30pm
381711-G R: \$260 / NR: \$270

Instructor: YMCA Arlington
BEFORE CARE 7-9am 389993-C,E,G \$42
AFTER CARE 3-6pm 389994-C,E,G \$52

NEW GIRLS ENRICHMENT CAMP

Camp SheEO - First Steps

9-13 years

Every girl has what it takes to "be the boss" of her life, and maybe her business. Join other "Future CEOs" as we DREAM it, PLAN it, DO it, and OWN it! For aspiring SheEOs (and young leaders), start with fundamentals in "First Step". All campers create a dream board, a personal plan and receive a success journal and tote bag. A surprise guest speaker will also visit. Bring a lunch, snack, drink and YOUR IDEAS. For more details please visit www.CampSheEO.com.

Mon-Fri: 8/3-8/7 9am-3pm
382029-G R: \$283 / NR: \$293

Location: Community Center Preschool Room
Instructor: The SheEO® Academy
BEFORE CARE 7-9am 389993-G \$42
AFTER CARE 3-6pm 389994-G \$52

NEW DANCE CAMPS

Fairy Tale Ballet

3-6 years

It's time for the dreams of every princess ballerina to come true! Focus is on following simple instructions for basic dance steps, coordination and creativity. Every day we learn how to express a different fairy story about a different princess through dancing, music, movement games, coloring, crafts, and lots of fun! This year's hit is the "Frozen" choreography, which will be learned and performed on the last day of camp!

Mon-Fri: 7/27-7/31 9am-12pm
380214-F R: \$189 / NR: \$199

Location: Community Center Dance-Left

Instructor: Global Music Academy

Broadway Dance

5-10 years

This intensive camp will give students a basic understanding of Broadway musicals and character dancing. Campers will have a blast while gaining experience in musical theater. The camp will culminate in a mini-show on Friday.

Mon-Fri: 8/3-8/7 9am-3pm
380214-G R: \$300 / NR: \$310

Location: Community Center Dance-Full

Instructor: Global Music Academy

BEFORE CARE 7-9am 389993-G \$42

AFTER CARE 3-6pm 389994-G \$52

NEW THEATRE CAMP



Lolas Laboratory

7-11 years

At Lola's Lab day camps, campers are welcomed into a live action adventure with costumed characters played by professional performing and visual artists. In this week with Lola's Lab, Zeus is readying his chariot for a visit to ask the Lab kids for creative ideas to use at the Mt. Olympus Zoo. Join characters and creatures as we learn all about Greek mythology and we re-design the zoo in this epic adventure camp! As the kids learn some awesome ancient history, they will redesign the perfect Zootopia just in time for hatching season!

Mon-Fri: 7/27-7/31 9am-3pm
382030-F R: \$335 / NR: \$345

Location: GMHS Classroom

Instructor: Lola's Laboratory

BEFORE CARE 7-9am 389991-F \$47

AFTER CARE 3-6pm 389992-F \$57

Join Our Team!

Part-Time Seasonal Positions

Falls Church Recreation & Parks hires Teen Excursion Leaders, Water Safety Instructors, Playground Counselors, Extended Care Staff and a Camp Director. For a full list of qualifications and requirements, please visit the Careers page at www.fallschurchva.gov.

To Apply:

Send a completed City application or resume with a copy of your driving record obtained from the Department of Motor Vehicles, First Aid and CPR certifications to City of Falls Church, Human Resources Division, 300 Park Avenue, Falls Church, VA 22046. You can also email this information to hr@fallschurchva.gov.

Reasonable Accommodation:

During the selection process, applicants with disabilities may request reasonable accommodation with the mutual agreement of the hiring authority and the Human Resources Division. Requests for reasonable accommodation should be directed to the Human Resources Division. The City of Falls Church does not discriminate on the basis of race, color, national origin, gender, sexual orientation, religion, age, or disability.

Teen Counselor-In-Training

The Counselor in Training Program assigns youth to our Summer Fun Playground Program. Youth must be at least 13 by June 22, 2015. CIT's assist camp counselors with daily activities such as preparing arts and crafts projects, supervising, being a good leader and more. Interested teens must apply, and interview. For more information on becoming a Counselor-In-Training, contact Ashley Green at (703)248-5307 or agreen@fallschurchva.gov for an application. Applications will be available beginning February 1st.

Let's Make Everyday A Holiday 5-8 years

Get ready as we whip up Thanksgiving Pumpkin parfaits, Fourth of July cupcakes, Valentine's Day Chocolate Raspberry mousse cups, Halloween spider web pizzas, and Cinco de Mayo veggie quesadillas with guacamole, plus much, much more!

Mon-Thurs: 6/29-7/2 9am-3pm
382012-B R: \$240 / NR: \$250

Location: Community Center Art Room

Instructor: Tiny Chefs

BEFORE CARE 7-9am 389993-B \$34

AFTER CARE 3-6pm 389994-B \$42

Cupcake Wars

5-8 years

We'll spend three days on cupcake basics-measuring, mixing, baking, and frosting, and then finish the week with two days of baking battle! Small teams will face off with one another to compete for the title of "Best Cupcake".

Mon-Fri: 7/13-7/17 9am-3pm
382012-D R: \$300 / NR: \$310

Location: Community Center Art Room

Instructor: Tiny Chefs

BEFORE CARE 7-9am 389993-D \$42

AFTER CARE 3-6pm 389994-D \$52

Baking Bootcamp

8-10 years

Move beyond the basics and stretch your baking repertoire to include things like biscuits, muffins, cupcakes, fruit tarts, and dessert sauces. Students will also learn measurements and equivalents, as well as basic techniques like folding, whisking, and rolling.

Mon-Fri: 7/27-7/31 9am-3pm
382012-F R: \$300 / NR: \$310

Location: Community Center Art Room

Instructor: Tiny Chefs

BEFORE CARE 7-9am 389993-F \$42

AFTER CARE 3-6pm 389994-F \$52



All-American Summer Favorites 8-10 years

Nothing says summer like Hamburgers, Hot Dogs and Potato Salad. And while some of those items are definitely on our menu, we are also going to explore American cuisine from Southern BBQ to California's twist on the BLT to the countrywide favorite Strawberry Shortcake!

Mon-Fri: 8/10-8/14 9am-3pm
382012-H R: \$300 / NR: \$310

Location: Community Center Art Room

Instructor: Tiny Chefs

BEFORE CARE 7-9am 389993-H \$42

AFTER CARE 3-6pm 389994-H \$52

Wild Imaginations

3-12 years

Attend this Abakadoodle camp to learn about multicultural and imaginative art as well as how to make your own unique creations. Come join the fun as you sculpt, weave, design and decorate your one of a kind creations. *Extended care is offered for ages 6 & up only.

Ages 3-6

Mon-Fri: 7/6-7/10 9am-12pm
382007-C R: \$195 / NR: \$205

Ages 6-12

Mon-Fri: 7/6-7/10 9am-3pm
382007-C1 R: \$295 / NR: \$305

Location: GMHS Classroom

Instructor: Abakadoodle

BEFORE CARE 7-9am 389991-C \$47

AFTER CARE 3-6pm 389992-C \$57

Dramatic Doodlers

3-12 years

This program brings together the arts program, Abakadoodle, and the innovative theater arts program, C.A.R.E. Actor. Through theatre games, lessons, and daily projects that teach Fine Art techniques, children will experience how the two art forms go hand-in-hand. There will be an art show and a short production performed on the last day of camp. *Extended care is offered for ages 6 & up only.

Ages 3-6

Mon-Fri: 7/20-7/24 9am-12pm
382007-E R: \$195 / NR: \$205

Ages 6-12

Mon-Fri: 7/20-7/24 9am-3pm
382007-E1 R: \$295 / NR: \$305

Location: GMHS Classroom

Instructor: Abakadoodle

BEFORE CARE 7-9am 389991-E \$47

AFTER CARE 3-6pm 389992-E \$57

Paws, Claws, Hooves

3-12 years

Using paints, collage, and sculpture, we will bring your favorite animal creatures to life while learning about their habits and habitats. There will be cool artwork, games, stories, activities, animal talk and music. If you LOVE animals and nature then this is camp's for you. *Extended care is offered for ages 6 & up only.

Ages 3-6

Mon-Fri: 8/3-8/7 9am-12pm
382007-G R: \$195 / NR: \$205

Ages 6-12

Mon-Fri: 8/3-8/7 9am-3pm
382007-G1 R: \$295 / NR: \$305

Location: GMHS Classroom

Instructor: Abakadoodle

BEFORE CARE 7-9am 389991-G \$47

AFTER CARE 3-6pm 389992-G \$57



Icky, Slimy, Gooley

6-12 years

This camp of icky, slimy, gooey art will show you how to make your own unique creations while learning about art terms, art history, unusual art jobs and multicultural art. Come join in the fun as you sculpt, print, mix and cut paper to make the most unusual art projects in town!

Mon-Fri: 8/17-8/21 9am-3pm
382007-I R: \$295 / NR: \$305

Location: Community Center Teen Center

Instructor: Abakadoodle

BEFORE CARE 7-9am 389993-I \$42

AFTER CARE 3-6pm 389994-I \$52

Life is a Stage

6-12 years

Learn how to draw, design, build and sculpt a variety of different puppets. Be your own stage director while designing your very own puppet theatre! Bring out your "looney" side and put on a show with unique puppet characters created by YOU!

Mon-Fri: 8/24-8/28 9am-3pm
382007-J R: \$295 / NR: \$305

Location: Community Center Teen Center

Instructor: Abakadoodle

BEFORE CARE 7-9am 389993-J \$42

AFTER CARE 3-6pm 389994-J \$52

Manners Talk

7-12 years

Manners Talk is designed to raise a child's awareness and expand their understanding of proper manners, good social skills, and the importance of respect towards others and their environment. The camp will help to increase self-confidence and poise, develop respect and care for others, strengthen their resilience and communication skills. *Extended care is not available.

Mon-Fri: 8/17-8/21 10am-1pm
382026-I R: \$250 / NR: \$260

Location: Community Center Preschool Room
Instructor: Manners Talk

History Excursion Camp

8-14 years

Campers will have the opportunity to explore both well-known sites and those off the beaten path in this week long adventure.

Mon-Fri: 7/6-7/10 9am-3pm
381802-C R: \$315 / NR: \$325

Mon-Fri: 8/17-8/21 9am-3pm
381802-I R: \$315 / NR: \$325

Location: Cherry Hill Farmhouse
BEFORE CARE 7-9am 389993-C,I \$42
AFTER CARE 3-6pm 389994-C,I \$52



Blast Into The Past

8-12 years

Campers will step back in time and experience first-hand what a young girl's life was like in 19th century Virginia. Young ladies will dress in period clothing, make crafts, play old-fashioned games, become amateur archaeologists and learn about life during the Civil War. *This camp is for females only.

Mon-Fri: 6/22-6/26 9am-3pm
381801-A R: \$295 / NR: \$305

Mon-Fri: 7/27-7/31 9am-3pm
381801-F R: \$295 / NR: \$305

Location: Cherry Hill Farmhouse
BEFORE CARE 7-9am 389993-A,F \$42
AFTER CARE 3-6pm 389994-A,F \$52



Silver Knights Chess

5-13 years

Campers are broken up into groups by skill level, so we accept anyone from total beginners up through experienced and highly-rated tournament players. Each camper receives a t-shirt, a tournament-style chess set, and will take periodic breaks for snacks/lunch/recess. Activities include learning basic rules and strategy, openings, tactics, endgames, studying master games, playing games, and analyzing games against fellow students.

Mon-Fri: 6/22-6/26 9am-3pm
382103-A R: \$343 / NR: \$353

Mon-Fri: 6/22-6/26 9am-12pm
382103-A1 R: \$207 / NR: \$217

Mon-Fri: 6/22-6/26 12pm-3pm
382103-A2 R: \$207 / NR: \$217

Location: MEHMS Classroom

Mon-Fri: 7/27-7/31 9am-3pm
382103-F R: \$343 / NR: \$353

Mon-Fri: 7/27-7/31 9am-12pm
382103-F1 R: \$207 / NR: \$217

Mon-Fri: 7/27-7/31 12pm-3pm
382103-F2 R: \$207 / NR: \$217

Location: GMHS Classroom

BEFORE CARE 7-9am 389991-A,F \$47
AFTER CARE 3-6pm 389992-A,F \$57

Mon-Fri: 8/17-8/21 9am-3pm
382103-I R: \$343 / NR: \$353

Mon-Fri: 8/17-8/21 9am-12pm
382103-I1 R: \$207 / NR: \$217

Mon-Fri: 8/17-8/21 12pm-3pm
382103-I2 R: \$207 / NR: \$217

Mon-Fri: 8/24-8/28 9am-3pm
382103-J R: \$343 / NR: \$353

Mon-Fri: 8/24-8/28 9am-12pm
382103-J1 R: \$207 / NR: \$217

Mon-Fri: 8/24-8/28 12pm-3pm
382103-J2 R: \$207 / NR: \$217

Location: Community Center Community Room

BEFORE CARE 7-9am 389993-I,J \$42
AFTER CARE 3-6pm 389994-I,J \$52

To see if your camp(s) of interest require special waivers or paperwork, please visit
www.fallschurchva.gov/camps.

Exploring Nature

6-11 years

Spend some time connecting with nature through this wonderful selection of indoor "green" workshops for kids. From making bird feeders to mini compost bins children will enjoy learning all about the joy of natural, healthy living! In addition, campers will interact with their surroundings through outdoor activities. Exploration will promote individual growth and sensory awareness that will last a lifetime.

Mon-Fri: 7/13-7/17 9am-3pm
381009-D R: \$295 / NR: \$305

Location: GMHS Classroom

Instructor: Kuumba Fitness

BEFORE CARE 7-9am 389991-D \$47
AFTER CARE 3-6pm 389992-D \$57

G-Street Fabrics

8-12 years

For this camp, G-Street will provide sewing machines and some supplies. A list of what campers will need to bring to camp can be found at www.fallschurchva.gov/camps.

Location: GMHS Classroom

Instructor: G-Street Fabrics

BEFORE CARE 7-9am 389991-C,D,F \$47

Teen I

Even complete novices will complete something for their room, something for their "stuff" and something to wear.

Mon-Fri: 7/6-7/10 9am-1pm
382108-C R: \$250 / NR: \$260

Mon-Fri: 7/27-7/31 9am-1pm
382108-F R: \$250 / NR: \$260

Teen II

Put the machine to work making a great looking skirt. Students will learn darts, zippers and simple fitting with a commercial pattern.

Mon-Fri: 7/13-7/17 9am-1pm
382108-D R: \$250 / NR: \$260



Dance, Cheer, & Theatre

Tiny Dancers

3-6 years

On the last day of camp there will be a special performance for family and friends. *Extended care is not available.

Instructor: Tiny Dancers

Location: Community Center Dance Studio

Fancy Dance-y Camp

Each day a beautiful ballet lesson will be presented, an exciting new story will be read and performed in marvelous costumes, and a creative craft will be constructed.

Mon-Fri: 7/6-7/10 10am-12pm
380221-C R: \$200 / NR: \$210

Enchanted Castles Camp

Come to the world of magic wands, enchanted spells and royal balls as we dance our way through classic cherished stories.

Mon-Fri: 8/10-8/14 10am-12pm
380215-H R: \$200 / NR: \$210

Dream in Color Dance Camp

3-14 years

This dance camp provides students training in Jazz, Hip Hop, Tap and Ballet. Students in the full day program should bring a bag lunch including a drink and an additional water bottle for use throughout the day. All sessions end with a camp performance. Ballet or Jazz shoes are required for ages 8 & up.

Ages: 3-4

Mon-Fri: 7/13-7/17 9am-12pm
380228-D R: \$240 / NR: \$250

Ages: 5-7

Mon-Fri: 7/20-7/24 9am-3pm
380228-E R: \$240 / NR: \$250

Ages: 8-12

Mon-Fri: 7/6-7/10 9am-3pm
380228-C R: \$240 / NR: \$250

Ages: 10-14

Mon-Fri: 7/27-7/31 9am-3pm
380228-F R: \$240 / NR: \$250

Location: Community Center Dance Studio

Instructor: Dream In Color

BEFORE CARE 7-9am 389993-C,E,F \$42

AFTER CARE 3-6pm 389994-C,E,F \$52

Dance Mania Camp

6-8 years

Campers will discover several techniques, build choreography, explore ideas through visual arts and crafts, and learn about social dance and gesture. There will be a performance for family and friends on the last day.

Mon-Thu: 6/29-7/2 9am-3pm
380222-B R: \$240 / NR: \$250

Location: Community Center Dance Studio

Instructor: Jane Franklin Dance

BEFORE CARE 7-9am 389993-B \$34

AFTER CARE 3-6pm 389994-B \$42



Youth Cheer Camp

7-13 years

We will cover every aspect of cheerleading including: stunts, tumbling, dance, motions, chants, jumps and cheers! Please wear comfortable athletic clothing & sneakers.

Mon-Fri: 7/27-7/31 9am-12pm
380226-F R: \$165 / NR: \$175

Location: Community Center Gymnasium
BEFORE CARE 7-9am 389993-F \$42

Mon-Fri: 8/24-8/28 9am-12pm
380226-J R: \$165 / NR: \$175

Location: Community Center Dance Studio

Instructor: All Star Legacy

BEFORE CARE 7-9am 389993-J \$42

C.A.R.E Actor Camps

3.5-15 years

Extended care is offered for full day camps only.

BEFORE CARE 7-9am 389991-C,D \$47

AFTER CARE 3-6pm 389992-C,D \$57

Act it Out!

3.5-6 years

Each day these young actors will play basic acting games, act out stories and create art projects related to the theme of the day. Campers will present their favorite story on the last day!

Mon-Fri: 8/24-8/28 9am-12pm
382104-J R: \$165 / NR: \$175

Location: Community Center Preschool Room

Dramatic Kids!

6-11 years

Young artists will take part in theater games, playwriting, set & costume design and more. On the last day, campers will present their original play based on current topics & positive values!

Mon-Fri: 7/13-7/17 9am-3pm
382105-D R: \$285 / NR: \$295

Location: MEHMS Classroom

Theatrical Teens!

11-15 years

This theater & arts camp invites teens to engage in improvisational theater techniques, playwriting, set & costume design, while discussing current topics. A short play will be presented on the last day of camp.

Mon-Fri: 7/6-7/10 9am-3pm
382106-C R: \$285 / NR: \$295

Location: MEHMS Classroom

Adrenaline Dance Force

7-13 years

Camps include a daily warm up and stretch, skill and technique sessions, line dances, and routines in the latest styles of jazz, pom, and hip hop dances to be performed at the end of the week. Comfortable dance shoes and clothing required.

*Extended care is not available.

Mon-Thu: 6/22-6/25 9:30am-12:30pm
382020-A R: \$175 / NR: \$185

Location: MEHMS Classroom

Instructor: Adrenaline Staff

Educational Theatre Company

8-18 years

Teens (13 and up) will develop leadership skills while learning to direct younger students in addition to performing in scenes of their own.

Location: MEHMS Classroom

BEFORE CARE 7-9am 389991-E,F,G \$47

AFTER CARE 3-6pm 389992-E,F,G \$57

Radio Drama

Through role-playing, household objects, and vocal expression, campers will make characters and situations, sound effects and stories, all of which will come together for a 'live radio' show!

Mon-Fri: 7/20-7/24 9am-3pm
382101-E R: \$295 / NR: \$305

Physical Comedy

Through physical exploration, improvisation, mask-making and traditional comedic styles, participants will learn to perform "on their feet," and construct their work into original physical comedy scenes.

Mon-Fri: 7/27-7/31 9am-3pm
382101-F R: \$295 / NR: \$305

Sketch Comedy

Campers will use improvisational skills to develop original "sketch comedy" in the tradition of "Saturday Night Live" and "Second City".

Mon-Fri: 8/3-8/7 9am-3pm
382101-G R: \$295 / NR: \$305

Young Players Theatre

4-12 years

Campers will use written texts to create characters through theatre games, music, theme related crafts, and some production development. Younger actors explore exciting folktales and stories, as well as traditional songs and rhythms while older actors work towards building an ensemble through theater games and exercises. Extended care is available for the afternoon only.

Ages 4-6

Mon-Fri: 8/17-8/21 9-11:30am
382107-I R: \$158 / NR: \$168

Ages 7-12

Mon-Fri: 8/17-8/21 12:30-3:30pm
382107-II R: \$158 / NR: \$168

Location: Community Center Art Room

Instructor: Young Players Theatre

AFTER CARE 3-6pm 389994-I \$52

Tech Savvy Girls 8-12 years

Girls will design a fashion website, edit photos, learn graphic design, compose and mix digital music, design video games and create short music videos. Girls work with robotics that integrates art and technology.

Mon-Fri: 7/6-7/10 9am-3pm
384008-C R: \$375 / NR: \$385
Mon-Fri: 8/3-8/7 9am-3pm
384008-G R: \$375 / NR: \$385
Location: MEHMS Classroom
Instructor: Digital Kidz
BEFORE CARE 7-9am 389991-C,G \$47
AFTER CARE 3-6pm 389992-C,G \$57

Robotics: Next Generation 8-13 years

Using 3D building instructions and the most advanced technology ever developed students work with LEGO MINDSTORMS EV3 to develop stronger, smarter, faster robots. Students command their robots to walk, talk, think and do anything they can imagine.

Mon-Fri: 7/13-7/17 9am-3pm
384014-D R: \$375 / NR: \$385
Location: MEHMS Classroom
Instructor: Digital Kidz
BEFORE CARE 7-9am 389991-D \$47
AFTER CARE 3-6pm 389992-D \$57

Movie Making 8-13 years

Campers learn shooting and editing techniques, make a digital movie and create Hollywood-style animations, transitions and effects, including green screen effects.

Mon-Fri: 7/20-7/24 9am-3pm
384007-E R: \$375 / NR: \$385
Location: MEHMS Classroom
Instructor: Digital Kidz
BEFORE CARE 7-9am 389991-E \$47
AFTER CARE 3-6pm 389992-E \$57

Sciensational Workshops

Campers registered for both the morning and afternoon sessions will be supervised during the lunch break. For further information, visit www.sciensational.net.

Location: Community Center Art Room

BEFORE CARE 7-9am 389993-A,C,E,G \$42
AFTER CARE 3-6pm 389994-A,C,E,G \$52

Chemical Magic 6-11 years

Learn to make batteries from fruits or potatoes, a fantastic crystal tree, or work with invisible ink. Learn about the different types of rocks and minerals from our interesting collection.

Mon-Fri: 6/22-6/26 9am-12pm
384002-A R: \$180 / NR: \$190

Can You Dig It 6-11 years

Each child will partake in a simulated fossil excavation, uncovering the different bones of a dinosaur and then assemble the bones to form a completed 3-dimensional dinosaur to be taken home.

Mon-Fri: 6/22-6/26 12:45-3:45pm
384002-A1 R: \$180 / NR: \$190

White Light - Lasers - Galaxies 7-12 years

Campers will learn will conduct experiments with laser pointers, lenses and mirrors as we have fun and learn. Build and take home your own kaleidoscope, spectroscope, periscope and constellation watcher.

Mon-Fri: 7/6-7/10 9am-12pm
384002-C R: \$180 / NR: \$190

Magnetic Levitation 7-12 years

Campers will learn how motors and generators work. Build and take home the world's simplest motor and make your own compass.

Mon-Fri: 7/6-7/10 12:45-3:45pm
384002-C1 R: \$180 / NR: \$190

Blowfish Robocraft 7-12 years

Learn about gears and circuits as you have fun building. Your Blowfish Robocraft has a motor and you will learn how it works. You will also get to design and build other robots that can perform many tasks.

Mon-Fri: 7/20-7/24 9am-12pm
384002-E R: \$180 / NR: \$190

All Terrain Tracker 7-12 years

Build and take home your own All-Terrain Tracker Vehicle! It travels the rough terrain overcoming objects in its path. Sand, stones, and twigs, will all be part of the challenge. Campers will also learn about gears.

Mon-Fri: 7/20-7/24 12:45-3:45pm
384002-E1 R: \$180 / NR: \$190

CSI - Crime Scene Investigation 7-12 years

Learn about forensics, crime scene investigations, and crime lab chemistry. Search for the evidence, gather clues, and discover how science can help solve a mystery.

Mon-Fri: 8/3-8/7 9am-12pm
384002-G R: \$180 / NR: \$190

Follow Me Robot 7-12 years

Campers learn about the different gears and sensors and build robots while working in groups. Join in our Sumo wrestling and obstacle course events with your creations.

Mon-Fri: 8/3-8/7 12:45-3:45pm
384002-G1 R: \$180 / NR: \$190

STEM Camp 8-12 years

Students will develop a basic understanding of science, technology, engineering and math concepts including the Scientific method, Newton's Law of Motion, Simple Machines, and the Principles of Mechanics.

Mon-Thurs: 6/29-7/2 9am-12pm
384013-B R: \$145 / NR: \$155
Mon-Thurs: 6/29-7/2 9am-3pm
384013-B1 R: \$235 / NR: \$245
Location: MEHMS Classroom
BEFORE CARE 7-9am 389991-B \$38
AFTER CARE 3-6pm 389992-B \$46

Mon-Fri: 8/24-8/28 9am-12pm
384013-J R: \$180 / NR: \$190
Mon-Fri: 8/24-8/28 9am-3pm
384013-J1 R: \$320 / NR: \$330
Location: Community Center Teen Center
BEFORE CARE 7-9am 389993-J \$42
AFTER CARE 3-6pm 389994-J \$52
Instructor: 2InspireU

**Campers must provide
their own laptop
for these camps.**



Beginner's Coding 11-16 years

Learn how to write JavaScript and HTML code, computer maintenance, the basics of computer hardware and how software is made by building custom application, and websites.

Mon-Fri: 8/10-8/14 8:30am-12pm
384010-H R: \$250 / NR: \$260
Instructor: LAD Communications
Location: Community Center Preschool Room
BEFORE CARE 7-9am 389993-H \$42

Computer Tech for Teens 11-16 years

Produce a Podcast, shoot & edit video, create your own flash website, make your own 3D landscape, design your own iPhone case, & make music beats.

Mon-Fri: 8/10-8/14 1pm-4:30pm
384011-H R: \$250 / NR: \$260
Instructor: LAD Communications
Location: Community Center Preschool Room
AFTER CARE 3-6pm 389994-H \$52

Horseback Riding, Mountain Biking, & Adventure

Clay Hill Horseback Riding

9-14 years

Children will have lessons in safety and horse management, i.e. grooming, leading, saddling, bridling, washing, clipping, mucking, tack care, mounting, and dismounting, correct position at the walk and trot, and other horseback riding skills as appropriate. Children are provided with certified ASTM approved helmets, safety stirrups if they come without hard-soled shoes or boots, a Clay Hill participation t-shirt, equestrian movies, arts and crafts projects, competitive games, an afternoon snack and prizes for competitive horse games. This camp features a horse show and barbecue on Friday. Transportation is provided from the Falls Church Community Center. Clay Hill **MUST** receive required paperwork two weeks prior to your child's attendance. On-site camp hours are 9a-3:30pm. For more information visit

clayhillstables.com/

Mon-Fri: 7/6-7/10 8am-5pm
383002-C R: \$500 / NR: \$510
Mon-Fri: 7/20-7/24 8am-5pm
383002-E R: \$500 / NR: \$510

Location: Clay Hill Stables, Springdale, MD

Instructor: Clay Hill Stables

BEFORE CARE 389993-C,E 7-9am \$42
AFTER CARE 389994-C,E 3-6pm \$52

Nature Photography & Hiking

10-17 years

Fish & Explore transports students off-site to learn about digital photography while hiking local nature trails and parks. Camp will include lab and field components to teach the camera functions, lighting, composition and types of subjects. Students will also learn how to upload and save images and how to make edits to enhance images. All students should have an SD Card and a Flashdrive. Students are encouraged to bring their own digital camera. Fish and Explore will have Digital Cameras available for students to share if they do not yet have one. During the outdoor exploration we will apply the new techniques and lessons to enhance our photographs. For itineraries and more, visit www.fishandexplore.com or contact John Lipetz with any questions at 703-609-8083 or jdlipez@fishandexplore.com.

Mon-Fri: 8/3-8/7 8:30am-4:30pm
381800-G R: \$495 / NR: \$505

Instructor: Fish and Explore, LLC

BEFORE CARE 7-9am 389993-G \$42
AFTER CARE 3-6pm 389994-G \$52

To see if your camp(s) of interest require special waivers or paperwork, please visit www.fallschurchva.gov/camps.



Mountain Biking

8-13 years

Campers will develop beginner and intermediate mountain biking skills including: steering, shifting, hill climbing and descending, log hopping, dodging obstacles, etiquette, maintenance, safety and more. Campers ride in the morning, have a midday activity with time to cool down then get back on the bikes in the afternoon. Bikes and helmets are provided by Virginia Outside, however campers are welcome to bring their own. For more information, visit virginiaoutside.com. Contact Tee Clarkson at tsclarkson@virginiaoutside.com or 804-272-6362 for more information.

Mon-Fri: 7/27-7/31 8:30am-4pm
381707-F R: \$525 / NR: \$535

Instructor: Virginia Outside

BEFORE CARE 7-9am 389993-F \$42
AFTER CARE 3-6pm 389994-F \$52

Adventure Sports & Horseback

6-14 years

Campers participate in horseback riding or a horse activity once per day and participate in activities such as canoeing, kayaking, swimming, archery, air rifle, gymnastics, and more throughout the rest of the day. Valley Mill Camp in Germantown, MD has two pools, a two acre lake, a climbing wall, archery range, stables and more and is surrounded by nature. The horseback riding option is available for females only. Males may participate at Valley Mill Camp in the Adventure and Water Sports Camp. Valley Mill **MUST** receive required paperwork two weeks prior to your child's attendance.

Mon-Fri: 6/22-6/26 8am-5pm
383006-A R: \$585 / NR: \$595
Mon-Fri: 8/17-8/21 8am-5pm
383006-I R: \$585 / NR: \$595

Location: Valley Mill, Germantown, MD

Instructor: Valley Mill

BEFORE CARE 7-9am 389993-A,I \$42
AFTER CARE 3-6pm 389994-A,I \$52

Camp Olympia- Horseback Riding

8-15 years

Campers will ride twice a day for four days and swim daily. Children ages 10 and up will have a variety of unmounted horse activities including leading horses, unsaddling, grooming, bathing horses, cleaning tack, plus general barn responsibilities. Campers ages 10 and above who wish to may participate in other camp activities for their age group in lieu of unmounted activities. Campers ages 8 and 9 years old will have unmounted activities on Thursday only but have the opportunity to participate in other camp activities such as swimming, tennis, soccer, basketball, and other games. Transportation is provided from the Falls Church Community Center. Camp Olympia **MUST** receive required paperwork two weeks prior to your child's attendance. For more information visit www.camp-olympia.com.

Mon-Fri: 7/13-7/17 8am-5pm
383003-D R: \$570 / NR: \$580

Mon-Fri: 8/10-8/14 8am-5pm
383003-H R: \$570 / NR: \$580

Location: Camp Olympia, Rockville, MD

Instructor: Camp Olympia

BEFORE CARE 7-9am 389993-D,H \$42
AFTER CARE 3-6pm 389994-D,H \$52



Adventure & Water Sports

6-14 years

Campers participate in canoeing, kayaking, swimming, rock climbing, archery, air rifle, gymnastics and more at Valley Mill Camp in Germantown, MD. The facility has two pools, a two-acre lake, a climbing wall, archery range, and more and is surrounded by nature. Campers are divided by age and gender. Valley Mill **MUST** receive required paperwork two weeks prior to your child's attendance.

Mon-Fri: 6/22-6/26 8am-5pm
383005-A R: \$520 / NR: \$530

Mon-Fri: 8/17-8/21 8am-5pm
383005-I R: \$520 / NR: \$530

Location: Valley Mill, Germantown, MD

Instructor: Valley Mill

BEFORE CARE 7-9am 389993-A,I \$42
AFTER CARE 3-6pm 389994-A,I \$52



Field Trip Frenzy

8-11 years

Campers will visit Splashdown Waterpark, Dave & Busters, and more! All trips are subject to change. fallschurchva.gov/recreation

Mon-Thurs: 6/29-7/2	9am-4pm	
383205-B	R: \$240 / NR: \$250	
Mon-Thurs: 7/27-7/31	9am-4pm	
383205-F	R: \$300 / NR: \$310	
BEFORE CARE 7-9am	389993-B,F	\$34,\$42
AFTER CARE 3-6pm	389994-B,F	\$42,\$52

Wet 'N Wild

11-15 years

Campers will go tubing, and visit local waterparks such as Splashdown Water Park and Hurricane Harbor at Six Flags! Campers will need to bring a swimsuit, towel, and a change of clothes each day. All trips are subject to change. fallschurchva.gov/recreation

Mon-Fri: 7/20-7/24	9am-5pm	
383204-E	R: \$320 / NR: \$330	
BEFORE CARE 7-9am	389993-E	\$42
AFTER CARE 3-6pm	389994-E	\$52

Amusement Park Thrills & Chills

12-15 years

In this exciting week, campers will visit Six Flags, Kings Dominion, Splashdown Waterpark and more. Campers should wear comfortable clothing each day as well as bring a bathing suit and towel. The August camp will feature an overnight in Williamsburg to attend Busch Gardens & Water Country USA. Trip return times may vary. fallschurchva.gov/recreation

Mon-Fri: 7/13-7/17	9am-9pm	
383206-D	R: \$450 / NR: \$460	
Overnight Stay in Williamsburg		
Mon-Fri: 8/3-8/7	9am-9pm	
383206-G	R: \$575 / NR: \$585	
BEFORE CARE 7-9am	389993-D,G	\$42

Inner Quest

10-16 years

Explore the great outdoors in this exciting adventure camp. The Inner Quest camp is a five-day mobile camp for the new and experienced adventurer. Each day will bring a new activity: Rock Climbing, Rappelling, Canoeing, and Challenge Course (high elements—Zip Wire, Giant Swing and low elements). Individualized instruction, teamwork, skill development, and Fun are the focus of the camp! Please note: The refund policy for this camp differs from our other camps. In addition to the processing fees for cancellation, there will be an additional fee of \$75 for all campers requesting a refund at least two weeks prior to the start of the camp. As with our other camps, no refunds will be given with less than two weeks notice.

Mon-Fri: 8/3-8/7	8am-4pm	
383102-G	R: \$488 / NR: \$498	
Mon-Fri: 8/10-8/14	8am-4pm	
383102-H	R: \$488 / NR: \$498	
Mon-Fri: 8/24-8/28	8am-4pm	
383102-J	R: \$488 / NR: \$498	
Instructor: Inner Quest		
BEFORE CARE 7-9am	389993-G,H,J	\$42
AFTER CARE 3-6pm	389994-G,H,J	\$52

Ninja Vs. Zombie Castle

6-12 years

In this themed karate camp, participants are thrust back in time to ancient Japan. They are among the nation's elite Ninja Warriors, who are summoned by the King to go on a secret mission to an abandoned castle on Zombie Island to secure his scepter that was stolen from him and placed there by his evil nephew Mashugana.

Mon-Fri: 8/10-8/14	9am-3pm	
381407-H	R: \$265 / NR: \$275	
Location: Community Center Dance-Right		
Instructor: WCRB Karate		
BEFORE CARE 7-9am	389993-H	\$42
AFTER CARE 3-6pm	389994-H	\$52

The Story of Karate

6-12 years

This camp will introduce participants to a wide range of karate fundamentals including patterns, board breaking, weapons, blocks and counters, fighting, and more. At the end of the week, a short play demonstrating the campers skills and the camp story line will be performed.

Mon-Fri: 8/17-8/21	9am-3pm	
381410-I	R: \$265 / NR: \$275	
Location: Community Center Dance-Full		
Instructor: WCRB Karate		
BEFORE CARE 7-9am	389993-I	\$42
AFTER CARE 3-6pm	389994-I	\$52

Virginia Academy of Fencing

9-17 years

A Virginia Academy of Fencing registration form must be completed, and an equipment rental fee of \$49 payable to the Virginia Academy of Fencing is due on the first day of camp. For more information, call 703-321-4922 or visit www.vafinc.com. There is a supervised lunch break between camps. **Transportation is not provided.** **There is no extended care for this camp.*

Introductory Olympic Sport Fencing

This camp primarily uses the Foil (a light thrusting sword), but introduces the Sabre (the modern equivalent of the cavalry sword), and the Epee (the modern equivalent of the rapier). Students use safety tipped swords, protective jackets, masks, and a glove.

9am– 12 noon:	R: \$190 / NR: \$200
Mon-Fri: 6/22-6/26	381701-A
Mon-Fri: 7/13-7/17	381701-D
Mon-Fri: 7/27-7/31	381701-F
Mon-Fri: 8/10-8/14	381701-H
Mon-Fri: 8/24-8/28	381701-J
12:30pm-3:30pm:	R: \$190 / NR: \$200
Mon-Fri: 7/6-7/10	381701-C
Mon-Fri: 7/20-7/24	381701-E
Mon-Fri: 8/3-8/7	381701-G
Mon-Fri: 8/17-8/21	381701-I

Introductory Historical Swordsmanship

Explore the sword arts the way they were originally practiced on the battlefields of the Middle Ages and the Renaissance. The sword styles that are introduced are the rapier and the Longsword. Practice swords used in camp are the shinai (made of bamboo) and the foil. Students use protective jackets, masks, and a pair of gloves.

9am– 12 noon:	R: \$190 / NR: \$200
Mon-Fri: 7/6-7/10	381703-C
Mon-Fri: 7/20-7/24	381703-E
Mon-Fri: 8/3-8/7	381703-G
Mon-Fri: 8/17-8/21	381703-I
12:30pm-3:30pm:	R: \$190 / NR: \$200
Mon-Fri: 6/22-6/26	381703-A
Mon-Fri: 7/13-7/17	381703-D
Mon-Fri: 7/27-7/31	381703-F
Mon-Fri: 8/10-8/14	381703-H
Mon-Fri: 8/24-8/28	381703-J

Location: 5401-B Port Royal Road, Springfield, VA 22151



To see if your camp(s) of interest require special waivers or paperwork, please visit www.fallschurchva.gov/camps.



Giant Basketball Academy

6-14 years

Former Washington NBA Nets player Gheorghe Muresan and his coaches will teach the fundamentals of basketball. Camp features 1-on-1 skills, shooting, team play, defensive positioning, speed drills and competitions to further develop players.

Co-Ed

Mon-Fri: 6/22-6/26 9am-3pm
381207-A R: \$200 / NR: \$210

Location: MEHMS Gymnasium

Boys Only

Mon-Thurs: 6/29-7/2 9am-3pm
381207-B R: \$160 / NR: \$170

Location: GMHS Gymnasium

BEFORE CARE 7-9am 389991-A,B \$47,\$38
AFTER CARE 3-6pm 389992-A,B \$57, \$46

Mustang Basketball Skills Camp

8-13 years

This camp is presented by the George Mason High School Varsity Basketball Coaches and is designed for campers who want to improve their basketball skills. Campers receive a t-shirt and a basketball.

Boys

Mon-Fri: 7/6-7/10 9am-3pm
381203-C R: \$175 / NR: \$185

Mon-Fri: 7/20-7/24 9am-3pm
381203-E R: \$175 / NR: \$185

Girls

Mon-Fri: 7/13-7/17 9am-3pm
381203-D R: \$175 / NR: \$185

Mon-Fri: 7/27-7/31 9am-3pm
381203-F R: \$175 / NR: \$185

Location: GMHS Main Gym

Instructor: Mustang Sports

BEFORE CARE 7-9am 389991-C,D,E,F \$47
AFTER CARE 3-6pm 389992-C,D,E,F \$57

Mustang Baseball Camp

8-13 years

Campers will learn skills in fielding (infield and outfield), hitting, base running, and game situations. Each participant receives a t-shirt.

Mon-Fri: 6/22-6/26 9am-3pm
381001-A R: \$175 / NR: \$185

Mon-Fri: 7/13-7/17 9am-3pm
381001-D R: \$175 / NR: \$185

Location: GMHS Baseball Field

Instructor: Mustang Sports

BEFORE CARE 7-9am 389991-A,D \$47
AFTER CARE 3-6pm 389992-A,D \$57

Lacrosse Camp

12-16 years

This camp will offer girls and boys the opportunity to learn and improve their lacrosse skills. From beginners to intermediate players, our camp will give your athlete great exposure to the game and a definite competitive advantage. Whether you are just looking to learn or whether you need a tune up for tryouts, this camp delivers. Current, college-level lacrosse players deliver our content lessons.

Mon-Thurs: 6/29-7/2 9am-3pm
381214-B R: \$150 / NR: \$160

Location: GMHS Artificial Turf Field

Instructor: Play Up Sports

BEFORE CARE 7-9am 389991-B \$38
AFTER CARE 3-6pm 389992-B \$46

Mustang Soccer Camp

8-13 years

Campers will experience the drills and teachings that have won multiple state championships but in an age appropriate setting.

Mon-Fri: 7/20-7/24 9am-3pm
381310-E R: \$175 / NR: \$185

Mon-Fri: 8/17-8/21 9am-3pm
381310-I R: \$175 / NR: \$185

Instructor: Mustang Sports

Location: GMHS Artificial Turf Field

BEFORE CARE 7-9am 389991-E,I \$47
AFTER CARE 3-6pm 389992-E,I \$57



Youth Football Camp

6-12 years

Football Camp is a non-contact, fundamental football camp designed to improve a child's beginning, intermediate, or advanced skill level. Fundamentals of all positions on offense, defense and special teams will be taught in addition to life skills such as teamwork, communication, sportsmanship and the importance of education.

Mon-Fri: 7/13-7/17 9am-3pm
381006-D R: \$170 / NR: \$180

Mon-Fri: 7/27-7/31 9am-3pm
381006-F R: \$170 / NR: \$180

Mon-Fri: 8/10-8/14 9am-3pm
381006-H R: \$170 / NR: \$180

Instructor: Sportz Campz 4 Kidz

Location: GMHS Artificial Turf Field

BEFORE CARE 7-9am 389991-D,F,H \$47
AFTER CARE 3-6pm 389992-D,F,H \$57



Load It Up Volleyball

11-15 years

Campers will focus on the mechanics of passing and receiving while learning hand positioning for Setting skills. They will also acquire the proper basic skills for hitting and positioning, while applying volleyball skills to game situations. Knee pads are required.

Mon-Fri: 7/6-7/10 9am-3pm
381003-C R: \$180 / NR: \$190

Location: MEHMS Gymnasium

Instructor: VSSA Sports Training

BEFORE CARE 7-9am 389991-C \$47
AFTER CARE 3-6pm 389992-C \$57

Advanced Volleyball Camp

12-16 years

This is an intensive training camp that is tailored to campers who have played on professionally organized teams (ex. high school, NVVA, Elite, etc.)

Mon-Fri: 7/13-7/17 9am-3pm
381003-D R: \$215 / NR: \$225

Location: MEHMS Gymnasium

Instructor: VSSA Sports Training

BEFORE CARE 7-9am 389991-D \$47
AFTER CARE 3-6pm 389992-D \$57

Softball Camp

5-12 years

Campers will learn hitting, throwing, fielding and develop strength. Players are divided according to age and skill level. Campers should bring a glove, visor/hat, cleats, sunscreen, water bottle, and lunch.

Ages 5-6

Mon-Thurs: 6/29-7/2 9am-12pm
381008-B R: \$120 / NR: \$130

Ages 7-12

Mon-Thurs: 6/29-7/2 9am-3pm
381008-B1 R: \$190 / NR: \$200

Location: Softball Field

Instructor: Pure Performance

BEFORE CARE 7-9am 389991-B \$38
AFTER CARE 3-6pm 389992-B \$46

Combine Camp 12-16 years

In the combine camp campers will be instructed and tested in the following areas: Strength, Mobility, Agility, Speed, Power, Nutrition, and Recovery. This camp is for athletes with a basic level of conditioning, and more importantly, want to test their limits with other athletes in a cross-sport environment. Each student will leave with measurable data about their understanding of fitness and how to train for maximum results.

Mon-Fri: 8/3-8/7 9am-3pm
381214-G R: \$215 / NR: \$225

Location: GMHS Main Gym

Instructor: Play Up Sports

BEFORE CARE 7-9am 389991-G \$47

AFTER CARE 3-6pm 389992-G \$57

Golf Camp 8-16 years

Campers learn putting, chipping, irons, woods, sand play, rules, etiquette, and course management. Campers receive a diploma, water bottle, T-shirt, hat, logo ball, tees, green repair tool, ball marker, and snacks. Loaner clubs provided. You will travel by van to the Golf School at 3200 Jermantown Rd, Oakton, VA 22124. The van will depart from and return to the Falls Church Community Center.

Mon-Fri: 7/27-7/31 9am-3:30pm
381601-F R: \$475 / NR: \$485

Instructor: Everybody Golf School

BEFORE CARE 7-9am 389993-F \$42

AFTER CARE 3-6pm 389994-F \$52



To see if your camp(s) of interest require special waivers or paperwork, please visit
www.fallschurchva.gov/camps.

First Kicks British Soccer 3-4 years

A friendly, low-key introduction to the basics of soccer through ball familiarization, games and FUN! British Soccer professionals patiently encourage players to take their first steps in soccer in a way your child will love!

*Extended Care is not available.

Mon-Fri: 6/22-6/26 9-10am
381303-A R: \$103 / NR: \$113

Mon-Fri: 7/6-7/10 9-10am
381303-C R: \$103 / NR: \$113

Mon-Fri: 8/3-8/7 9-10am
381303-G R: \$103 / NR: \$113

Location: GMHS Artificial Turf Field

Instructor: Challenger Sports



Mini British Soccer Camp 4-6 years

A unique way for youth to learn the fundamentals of the game. Fun games, competitions and challenging skill building activities taught in small groups by British Soccer professionals will captivate and enlighten your child. Camp includes a soccer ball, t-shirt, player evaluation and free gift.

*Extended Care is not available.

Mon-Fri: 6/22-6/26 10:15-11:45am
381304-A R: \$130 / NR: \$140

Mon-Fri: 7/6-7/10 10:15-11:45am
381304-C R: \$130 / NR: \$140

Mon-Fri: 8/3-8/7 10:15-11:45am
381304-G R: \$130 / NR: \$140

Location: GMHS Artificial Turf Field

Instructor: Challenger Sports

Mustang Track & Field 8-13 years

Are you a track & field athlete looking to work on your skills? Directed by George Mason High School Coaches, campers will learn basic fundamental skills of track & field. Each participant receives a t-shirt.

Mon-Fri: 7/20-7/24 9am-3pm
381215-E R: \$175 / NR: \$185

Location: GMHS Artificial Turf Field

Instructor: Mustang Sports

BEFORE CARE 7-9am 389991-E \$47

AFTER CARE 3-6pm 389992-E \$57



British Soccer Development 6-16 years

Challenger's new 1,000 touch curriculum: individual footskills, fakes moves and turns, freestyle soccer, dribbling, passing/receiving, shooting, tackling/defending and the Camp World Cup! Session is coached by professional British soccer coaches. Bring cleats and water bottle daily. Individuals in the full day program will then have a one hour lunch break, followed by coaches scrimmages, competitions and British Street soccer games. Bring cleats and water bottle daily. Camp includes a soccer ball and t-shirt.

Half Day

Mon-Fri: 6/22-6/26 9am-12pm
381305-A R: \$178 / NR: \$188

Mon-Fri: 7/6-7/10 9am-12pm
381305-C R: \$178 / NR: \$188

Mon-Fri: 8/3-8/7 9am-12pm
381305-G R: \$178 / NR: \$188

Full Day Camp

Mon-Fri: 6/22-6/26 9am-3pm
381305-A1 R: \$249 / NR: \$259

Mon-Fri: 7/6-7/10 9am-3pm
381305-C1 R: \$249 / NR: \$259

Mon-Fri: 8/3-8/7 9am-3pm
381305-G1 R: \$249 / NR: \$259

Location: GMHS Artificial Turf Field

Instructor: Challenger Sports

BEFORE CARE 7-9am 389991-A,C,G \$47

AFTER CARE 3-6pm 389992-A,C,G \$57

Kuumba Fitness Camp 6-11 years

Through this fun yet powerful state-of-the-art blend of yoga, Zuumba and dance, this program delivers all of the tools necessary to develop within your child a sense of inner peace through meditation as well as balance, movement and athleticism.

Mon-Fri: 8/17-8/21 9am-3pm
381009-I R: \$295 / NR: \$305

Location: Community Center Gymnasium

Instructor: Kuumba Fitness

BEFORE CARE 7-9am 389993-I \$42

AFTER CARE 3-6pm 389994-I \$52

Virgil Seay Sports Camp 7-15 years

Camps are designed for boys and girls who enjoy playing a wide variety of sports like Basketball, Soccer, Flag Football, Lacrosse, Field Hockey, Fishing, Bowling and other Physical Education games. Camps will allow campers a chance to improve their individual skills, develop a team concept and earn a leadership role while fostering good sportsmanship. The campers will gain self confidence in a semi-competitive atmosphere with staff members who specialize in their specific sports. Campers during the week of the fishing trip will receive a rod and reel. PE Games included but not limited to Wiffleball, SpeedBall, Capture the Flag and Cricket.

Ages 11-15

Basketball, PE Games, & Fishing

*Drop-off and return time for fishing trip will differ.

Mon-Thurs: 6/29-7/2 9am-3pm
381404-B R: \$270 / NR: \$280

Location: MEHMS Gymnasium
BEFORE CARE 7-9am 389991-B \$47
AFTER CARE 3-6pm 389992-B \$57

Ages 7-14

Soccer, Basketball, & Lacrosse

Mon-Fri: 7/6-7/10 9am-3pm
381404-C R: \$180 / NR: \$190

Location: GMHS Aux. Gym
BEFORE CARE 7-9am 389991-C \$47
AFTER CARE 3-6pm 389992-C \$57

Ages 7-14

Indoor Soccer, PE Games, & Bowling Trip

Mon-Fri: 8/17-8/21 9am-3pm
381404-I R: \$200 / NR: \$210

Location: Community Center Gymnasium
Instructor: VSSA Sports Training
BEFORE CARE 7-9am 389993-I \$42
AFTER CARE 3-6pm 389994-I \$52



UK Sports Week Camp 5-14 years

This is a chance for children to learn different sports from the UK. Sports include Soccer, Cricket, Rugby, Gaelic Football, plus others. Small sided technical instruction, teaching the fundamentals with an enthusiastic professional British coaches.

Mon-Fri: 6/22-6/26 9am-12pm
381400-A R: \$150 / NR: \$160

Mon-Fri: 6/22-6/26 9am-3pm
381400-A1 R: \$230 / NR: \$240

Location: GMHS Upper Field
BEFORE CARE 7-9am 389991-A \$47
AFTER CARE 3-6pm 389992-A \$57

Mon-Fri: 8/24-8/28 9am-12pm
381400-J R: \$150 / NR: \$160

Mon-Fri: 8/24-8/28 9am-3pm
381400-J1 R: \$230 / NR: \$240

Location: Community Center Gymnasium
Instructor: UK Elite
BEFORE CARE 7-9am 389993-J \$42
AFTER CARE 3-6pm 389994-J \$52

Camp Olympia- Sports 8-15 years

There are five activity hours during the day and schedules varies from day to day. Each camper will swim twice a day (one instructional swim and one free swim) and horseback ride four times per week. This leaves two activity hours each day for team sports or instructional sports. The activities offered include soccer, basketball, volleyball, kickball, gymnastics, tennis, track and field, and games. This camp is held at 5511 Muncaster Mill Rd. Rockville, MD 20855.

Mon-Fri: 7/13-7/17 8am-5pm
383004-D R: \$450 / NR: \$460

Mon-Fri: 8/10-8/14 8am-5pm
383004-H R: \$450 / NR: \$460

Location: Camp Olympia, Rockville, MD

Instructor: Camp Olympia

BEFORE CARE 7-9am 389993-D,H \$42
AFTER CARE 3-6pm 389994-D,H \$52



To see if your camp(s) of interest require special waivers or paperwork, please visit www.fallschurchva.gov/camps.

Shooting Stars Tot Sports Camp 5-8 years

Creative games, competitions and challenging skill building activities will captivate and enlighten children as they work on improving their running, kicking, and throwing skills. Campers will participate in sports such as soccer, basketball, whiffleball & floor hockey.

Mini Day

Mon-Fri: 6/22-6/26 9am-1pm
381402-A R: \$110 / NR: \$120

Mon-Thurs: 6/29-7/2 9am-1pm
381402-B R: \$88 / NR: \$98

Full Day

Mon-Fri: 6/22-6/26 9am-3pm
381402-A1 R: \$170 / NR: \$180

Mon-Thurs: 6/29-7/2 9am-3pm
381402-B1 R: \$135 / NR: \$145

Location: GMHS Aux. Gym
Instructor: Sportz Campz 4 Kidz
BEFORE CARE 7-9am 389991-A,B \$47
AFTER CARE 3-6pm 389992-A,B \$57

All American Sports Camp 6-12 years

Campers will participate in basketball, soccer, flag football, whiffleball, and volleyball as well as many other sports related activities. Each camper will be grouped according to age or ability to ensure maximum skill development.

Mon-Fri: 7/13-7/17 9am-3pm
381401-D R: \$170 / NR: \$180

Mon-Fri: 7/20-7/24 9am-3pm
381401-E R: \$170 / NR: \$180

Mon-Fri: 7/27-7/31 9am-3pm
381401-F R: \$170 / NR: \$180

Mon-Fri: 8/3-8/7 9am-3pm
381401-G R: \$170 / NR: \$180

Mon-Fri: 8/10-8/14 9am-3pm
381401-H R: \$170 / NR: \$180

Location: GMHS Aux. Gym
Instructor: Sportz Campz 4 Kidz
BEFORE CARE 7-9am 389991-D,E,F,G,H \$47
AFTER CARE 3-6pm 389992-D,E,F,G,H \$57



FirstServe Tennis Location: GMHS Tennis Courts

*Extended care not available for tennis camps.

Little Shots Tennis Camp
4-6 years

This camp introduces tots to tennis through fun games and activities designed to build eye and hand coordination and familiarity with the tennis ball and racket. Parents are encouraged to stay with their child at the court site.

8:30am-9:15am	R: \$82 / NR: \$92
Mon-Thu: 6/22-6/25	381901-A
Mon-Thu: 7/6-7/9	381901-C
Mon-Thu: 7/20-7/23	381901-E
Mon-Thu: 8/3-8/6	381901-G
Mon-Thu: 8/17-8/20	381901-I

Tennis I: Fundamentals Camp
Ages 7-9

Through skill-building games, beginners learn fundamental strokes. Players will be grouped by age and/or ability.

9:30am-12pm	R: \$205 / NR: 215
Mon-Thu: 6/22-6/25	381902-A
Mon-Thu: 7/6-7/9	381902-C
Mon-Thu: 7/20-7/23	381902-E
Mon-Thu: 8/3-8/6	381902-G
Mon-Thu: 8/17-8/20	381902-I

**Tennis II Intro to Competition**
7-10 years

Intermediate players apply their tennis fundamentals to match play with emphasis on the serve, return of serve, and tennis rules.

9:30am-12pm	R: \$205 / NR: \$215
Mon-Thu: 6/22-6/25	381905-A
Mon-Thu: 7/6-7/9	381905-C
Mon-Thu: 7/20-7/23	381905-E
Mon-Thu: 8/3-8/6	381905-G
Mon-Thu: 8/17-8/20	381905-I

Tennis I Fundamentals
10-13 years

Through fun skill-building games beginners learn the fundamental strokes with emphasis on the serve, return of serve, score keeping, and tennis rules.

9:30am-12pm	R: \$205 / NR: \$215
Mon-Thu: 6/29-7/2	381906-B
Mon-Thu: 7/13-7/16	381906-D
Mon-Thu: 7/27-7/30	381906-F
Mon-Thu: 8/10-8/13	381906-H
Mon-Thu: 8/24-8/27	381906-J

Tennis II Intro to Middle School Competition
10-13 years

Stroke production drills combine with match play tactics and strategies to prepare intermediate players for middle school competition.

9:30am-12pm	R: \$205 / NR: \$215
Mon-Thu: 6/29-7/2	381907-B
Mon-Thu: 7/13-7/16	381907-D
Mon-Thu: 7/27-7/30	381907-F
Mon-Thu: 8/10-8/13	381907-H
Mon-Thu: 8/24-8/27	381907-J

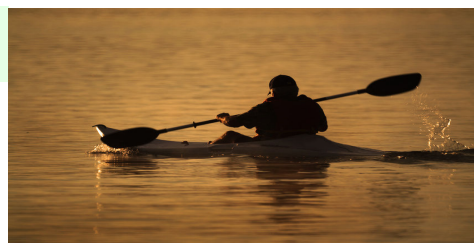
Virginia Fishing Adventures
8-14 years

Virginia Fishing Adventures offers campers the opportunity to learn beginner and intermediate tactics for freshwater fishing in nearby private ponds and rivers, as well as the Chesapeake Bay. We have access to some excellent private waters where campers are assured success. Our counselor-to-camper ratio is 1-to-5 to allow for one-on-one instructional time each day. Campers may also earn their fishing merit badge through this program. Safety is our number one priority, so campers will wear lifejackets when in the water or on a boat. Virginia Fishing Adventures provides all bait and tackle, rods and reels, lifejackets, and good times. Please visit virginiafishingadventures.com for a detailed description of our weekly activities. Contact Tee Clarkson with questions at 804-272-6362 or

tsclarkson@virginiafishingadventures.com.

Mon-Fri: 7/6-7/10	8:30am-4:30pm
381705-C	R: \$550 / NR: \$560
Mon-Fri: 7/20-7/24	8:30am-4:30pm
381705-E	R: \$550 / NR: \$560
Mon-Fri: 8/10-8/14	8:30am-4:30pm
381705-H	R: \$550 / NR: \$560

Instructor: Virginia Fishing Adventures
BEFORE CARE 7-9am 389993-C,E,H \$42
AFTER CARE 3-6pm 389994-C,E,H \$52

**Paddle & Explore**
10-17 years

Fish & Explore transports campers off-site to paddle two person kayaks along local waterways, ponds, and lakes. Campers will learn kayaking skills while getting up close to native wildlife. Campers will paddle through animal habitats allowing them the opportunity to take amazing photographs. Beach stops allow campers to wade and observe, catch, photograph and release frogs, toads, tadpoles, salamanders, lizards, turtles, crayfish, minnows, and more small critters that live the life aquatic. Students will wear lifejackets when in the water or on a boat. Bring lunch, snack, a change of clothes, sneakers or river shoes and towel. Everything else is provided. For more information, visit fishandexplore.com or contact John Lipetz at 703-609-8083 or jdilipetz@fishandexplore.com.

Mon-Fri: 7/13-7/17 8:30am-4:30pm
381710-D R: \$590 / NR: \$600

Instructor: Fish and Explore, LLC
BEFORE CARE 7-9am 389993-D \$42
AFTER CARE 3-6pm 389994-D \$52

Big Fish Fishing Camp
10-15 years

Fish & Explore transports students off-site to fish a large variety of water to include some or all of the following: public and private lakes, reservoirs, ponds, rivers, streams, creeks and the Chesapeake Bay over the course of the week. Having a 1 to 4 instructor to student ratio allows us to provide an extensive amount of individualized attention to each student as they learn about casting and rigging, to knot tying, to selecting tackle and lures and identifying fish. Students will learn watercraft identification, reading the water, targeting specific species of fish and river navigation. Safety is our number one priority, so students will wear lifejackets when in the water or on a boat. Fish & Explore provides drinks, bait and tackle, rods and reels, and lifejackets. Scouts may earn their fishing merit badge through this program. For more information, visit fishandexplore.com or contact John Lipetz at jdilipetz@fishandexplore.com or 703-609-8083

Mon-Fri: 6/22-6/26 8:30am-4:30pm
381709-A R: \$590 / NR: \$600

Instructor: Fish and Explore, LLC
BEFORE CARE 7-9am 389993-A \$42
AFTER CARE 3-6pm 389994-A \$52

Falls Church Recreation & Parks
Department
223 Little Falls Street
Falls Church, VA 22046-4304

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CITY OF FALLS CHURCH SUMMER CAMP BROCHURE

Visit us and register online at
www.fallschurchva.gov/recreation

MISSION STATEMENT

The mission of the Falls Church Recreation and Parks Department is to provide a year-round program of recreation and leisure-time activities for all groups and interest levels. The Department is dedicated to enhancing the quality of life and fostering a sense of community by providing superior recreational, educational and cultural services and through the effective maintenance and protection of the City's natural resources.



Summer Camp Expo
January 30th
6pm - 8pm
@ Falls Church
Community Center